



DEPENDENCE TO FREEDOM

NARAYANA

DEDICATED

TO

LEARNER, ACHIEVER, SHARER

AND

TEACHER

WITHIN EACH ONE OF US.

SHARING THE EXPERIENCE

Having read and re-read both the original and the translation, I get lifted to extremely meaningful understanding of the overall goals of life. I am sure every reader will also experience this.

My heartfelt congratulations to Prabhakar for achieving such great heights of excellence in Marathi. No one can think that it is a translation.

This book is the fountain of wisdom enriched with thoughts of great Indian Culture and Civilisation.

K C SHROFF

Bombay,
October, 24, 1991.

OBSERVATIONS

I was very happy to go through "BHAVANUVAD" of Shri Narayanbhai's Book, "DEPENDENCE TO FREEDOM" in excellent and inspiring Marathi by Shri P D Thosar. The book of Shri Narayana, drawing inspiration and based on Stephen Covey's "7 habits of highly effective people", is a great collaborative effort living upto the interpretation of the date of 22nd Feb.'91 as "UBHAY DIN".

The journey from "External Success" (Factors) to "Internal Success" (Factors) is very interesting. Mr. Covey has built a very sound (Western) model, Mr. Narayana has given it an interesting oriental touch.

I am sure the book will be of great value to anyone interested in success, whatever be his model of success and whatever be the phase at which he may be in life. To anyone who has read this book, the journey to & destiny of success will have a deeper satisfying meaning.

A C SHIROFF

Bombay,
October 28, 1991.

THANKS AND THOUGHTS

First my heartfelt and sincere gratitudes to Master Thinker and refreshingly Innovative Author Mr. Stephen R. Covey whose wonderful book "7 Habits of Highly Effective People" was presented with love by Shri Ashok V. Patel.

The ideas, thoughts, concepts of "Dependence to Freedom" and principles are extension, modulation, presentation, re-presentation of ideas, thoughts, concepts and principles of "7 Habits [of Highly Effective People".

Mr. Covey has illustrated and offered 7 habits for journey from dependence to independence to interdependence and also the self renewal.

These 7 steps or paths are 3 steps for successful independence, 3 steps for successful interdependence and the "sharpening the saw" which is self renewal.

While this is excellent and highly useful, the "dependence" (on Masters) becomes essential in case of ignorant areas and "supporting" (other side of dependence) of learners in expertise areas is equally important area.

Further "sharpening the saw" is self renewal and newly added path of "siphoning the sea" is ' emphasis on the internal energy available to each person. Both external and internal energy are considered by Mr. Covey. However, "Siphoning the sea" gives special attention to inner energy.

Thus 3 steps of successful dependence and 3 steps of successful supporting alongwith principles of "siphoning the sea" are by me.

While the structure and concept frames of original 7 phases are that of Mr. Covey, the entire inner content of

chapters is mine. The presentation in poems came naturally and the whole work is the tribute to Mr. Covey and to the readers, many of the new ideas are from the eastern Indian culture and it was a wonderful experience to join "brains" with Mr. Covey.

G. NARAYANA

These are the pebbles of the learning and experience of Shri Narayana. We at 'EVERDAY' realize the gradual renaissance it has brought in our lives and this is our 'Guru Dakshina' for that great cause of re-inventing the Indian Culture. Trust that this will benefit you as much as it has benefitted us.

With Best Compliments from:

**K. I. VAGHANI
C.E.O.**

Everyday for Everyone

AJAY CORRUGATING & PLASTICS PVT. LTD.
443, G I D C IND. ESTATE, WAGHODIA. DIST BARODA

COVEY
LEADERSHIP
CENTER

June 25, 1991

G. Narayana
Excel Industries Limited
184/87, Swami Vivekanand Road
Jogeshwari, Mumbai 400 102.

Dear Narayana,

I want to thank you for your letter dated June 12, 1991. I appreciate your feedback on the Seven Habits and also enjoyed the manuscript. You are most creative and thoughtful.

I wish you well and hope you have great success in all of your righteous endeavors.

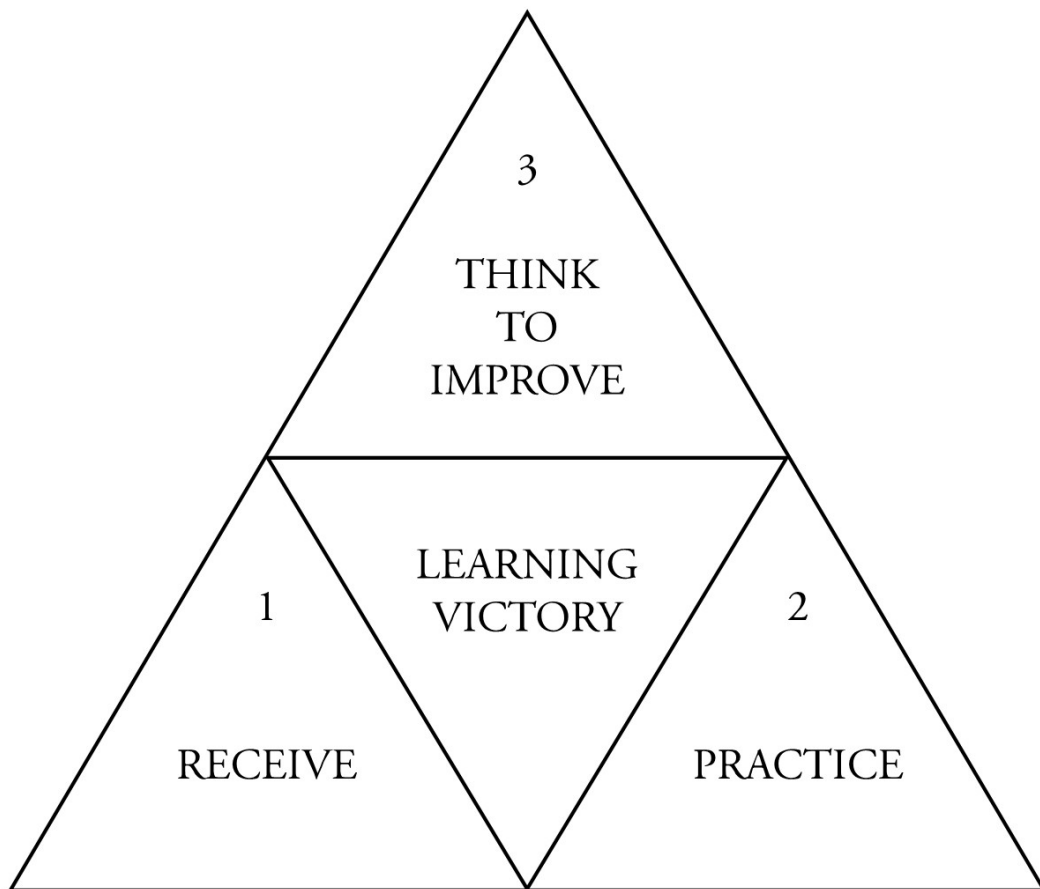
Sincerely,
Stephen R. Covey

I

DEPENDENCE

**In ignorant areas, depend on
knowers.**

DEPENDENCE



STANDING

I.0 LEARNING

1. In ignorant areas dependence must,
 find out experts and request just,
 to stand on your legs learning first.
 Attitude!

2. Every child is dependant one,
 Mother takes care of that one,
 with link of love learning is won,
 Holding hand!

3. Surrender to Masters while you learn,
 as a dedicated learner, name you earn,
 be a Master-learner, night candles; burn,
 Penance!

I.1 RECEIVE

1. In learning process receiving first,
with open mind the receiving best,
be like a little bird just out of nest,
Opening the wings!

2. With devotion you receive the help,
when you need ask for help,
follow the instructions while receiving help,
Faith!

3. At one point teaching comes to end,
but for learning there is no end,
go up and up the learning trend,
Unending process!

I.2 PRACTICE

1. Practice what you receive and learn
your own experience you must earn
practice, practice and perfectness; earn
perseverance!
2. Be determined and loose not heart,
with avoiding errors learning is art,
with reinforcing right steps it is perfect art,
SELF HELP!
3. There is no failure when you to try,
try, try, try and try, try, try
it is actually doing, there is no try
Success route!

I.3 THINK TO IMPROVE

1. When you practice improve things,
added value improvement brings,
improving is flying higher on wings.
Transformation.

2. Think to improve and innovation do
innovation is generating ideas too
for ideas listen to intuition inside you.
Creativity!

3. About different aspects you must think
different ideas with logic you link
the idea solution, then you can drink
Analysis!

I.00 STANDING

1. Little little things you learn to win
 make it habit to attempt and win
 thank the helpers wherever you win
 Winning Habit!

2. On your own legs now you stand
 on your own now you understand
 evaluate then where you stand
 Self Appraisal!

3. Contribute while learning at dependence stage
 make every learning a gate to new age
 this way move forward to independence stage
 Progress!

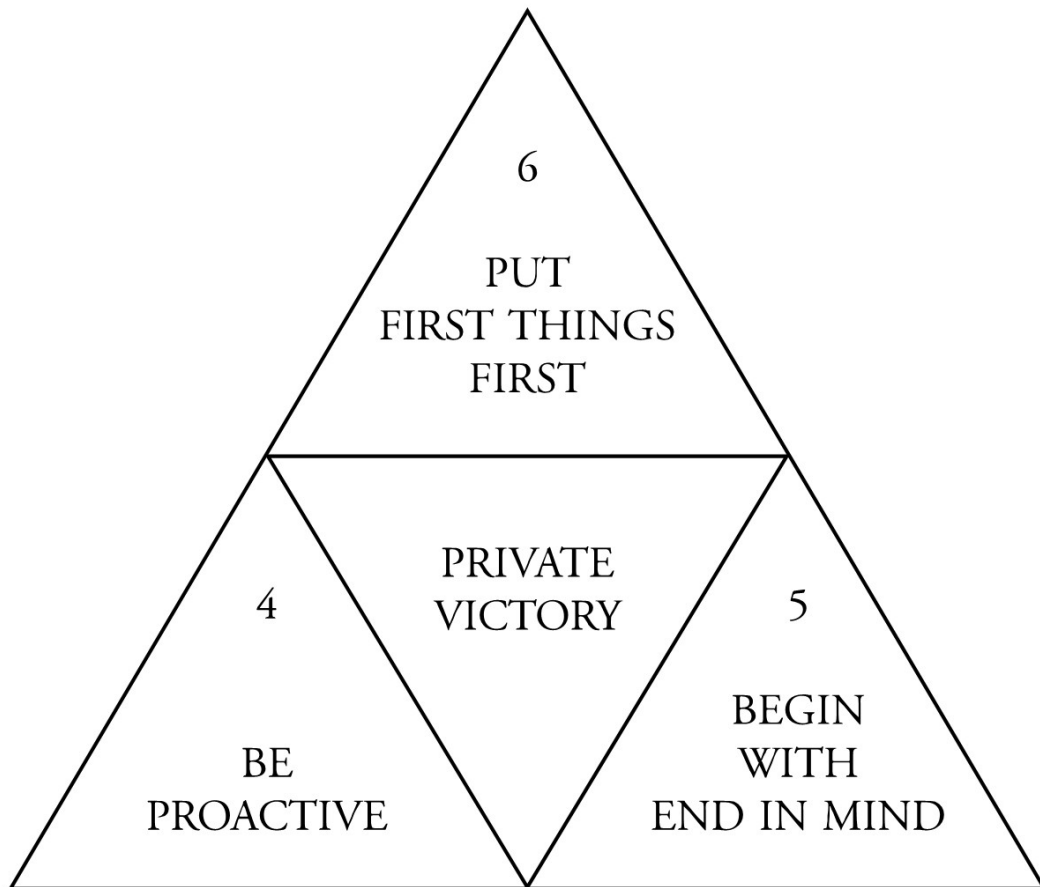
**SELF CONFIDENCE IS KEY TO
LEARNING VICTORY.**

II

INDEPENDENCE

In confident areas, depend on self.

INDEPENDENCE



DARING

II.0 ACHIEVING

1. In confident areas independence just
in critical times be valunteer first
when hands are strong extension must
Courage!
2. Every youth can be independant one
he would like to be the progressing one
with chain of achievements progress; won
Advance forward!
3. Depend on self when you move
as determined achiever work you give
as peak performer your worth you prove
Dynamic Force!

4 BE PROACTIVE

1. In achieving process initiative first
on your own choice moving is best
be like a young cub, face life test
Extending Arms!
2. Develop a personal vision mark your goal
to reach that play a missionery role
missionary zeal is to offer your whole
Propelling self !
3. Be proactive, act before fact
being reactive is acting after fact
to anticipate and act inculcate tact
Being on Spot!

5 BEGIN WITH END IN MIND

1. From beginning keep goal in mind
take responsibility with action and mind
mentally work it out till clarity shined
Mind preparation !
2. With goal in mind planning you do
for sources and resources preparation too
count monery, materials, methods, minutes too
Ever readiness !
3. Think problems that you may face
think of solutions at the same pace
time is moving and you are in a race
Personal leadership!

6 PUT FIRST THINGS FIRST

1. Set priorities in matters all
to attend priorities be on call
as per importance roll the ball
Need attention !
2. Limited resources funds, energy, time
for vital items allocate every time
avoid frills and save, your own time
Resource Direction !
3. As per priority manage things
for contributing areas allocate things
in loosing areas study and ration things
Lost things last !

II.00 DARING

1. Greater and greater achievements you win
make it habit to optimally win
evaluate results when you loose or win
Winning well !
2. On your own achievements now you stand
strengths weaknesses now you understand
for value addition you take a stand
Self worth !
3. Be best and humble at achieving independence stage
make every achievement an entry to new age
this way move up interdependence stage
Development !

**SELF RELIANCE IS KEY TO
PRIVATE VICTORY.**

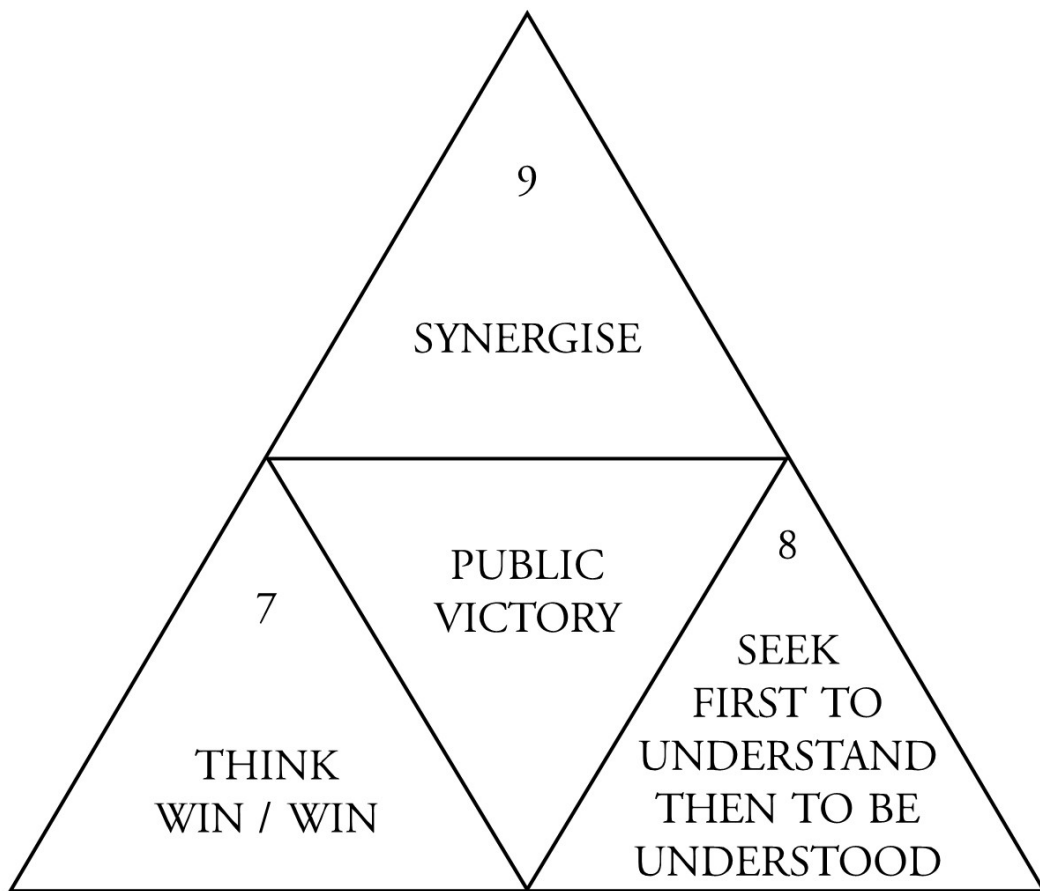
III

INTER DEPENDENCE

**In common areas, depend on
Group.***

(*Group includes you !)

INTER DEPENDENCE



SHARING

III.0 CONTRIBUTING

1. In common areas inter dependence must inculcate colleagues and be Comrades just interlink the hands as cooperation is best Team work !
2. Every adult is interdependant one with team members he prefers to be one like chains on a ring load sharing done Mutual strength !
3. Understand team mates when you share as a dependable colleague task you share be a top contributor, up downs you bear Joint endeavour.

7. THINK WIN/WIN

1. Cloth is strong when strong each strand
union is strength join hand in hand
to multiply strength united we strand
You for UNITY !
2. Give and receive is key to win win
see other's strength and help him to win
add your strength for a double win
We for Victory !
3. Take over not and over take not
undertake to bring out best of lot
underrate not and share light spot
W for WIN !!

8. SEEK FIRST TO UNDERSTAND THEN TO BE UNDERSTOOD

1. First let partner present his view
understand that and present your view
re-view both views see real view
Interchange !
2. You become that what you think
think you are He, his way you think
of both thoughts then you make a link
Exchange !
3. What you understand communicate back
for any corrections request feed back
with empathetic feeling his feelings you back.
Harmony !

9. SYNERGISE

1. Make every relationship real partnership
then sail together in partner ship
when you row together it is powerful ship
Synergy !
2. Four hands good, better two brains
in idea partnership creativity rains,
encourage each other, fountain never drains
Think tank !
3. Trust is the anchor sheet of partner ship
with unending trust stable is ship
be a trustee and it is single-soul-ship
Oneness !

III.00 SHARING

1. Larger and larger contribution you win
make it habit to mutually win
share the success whenever you win
Winning together !
2. Well along with others now you stand
your team members now you understand
for community good take common stand.
Self Contribution !
3. Shine with others in independence stage
make every success common way to new age
this way reach to supporting stage
Growth !

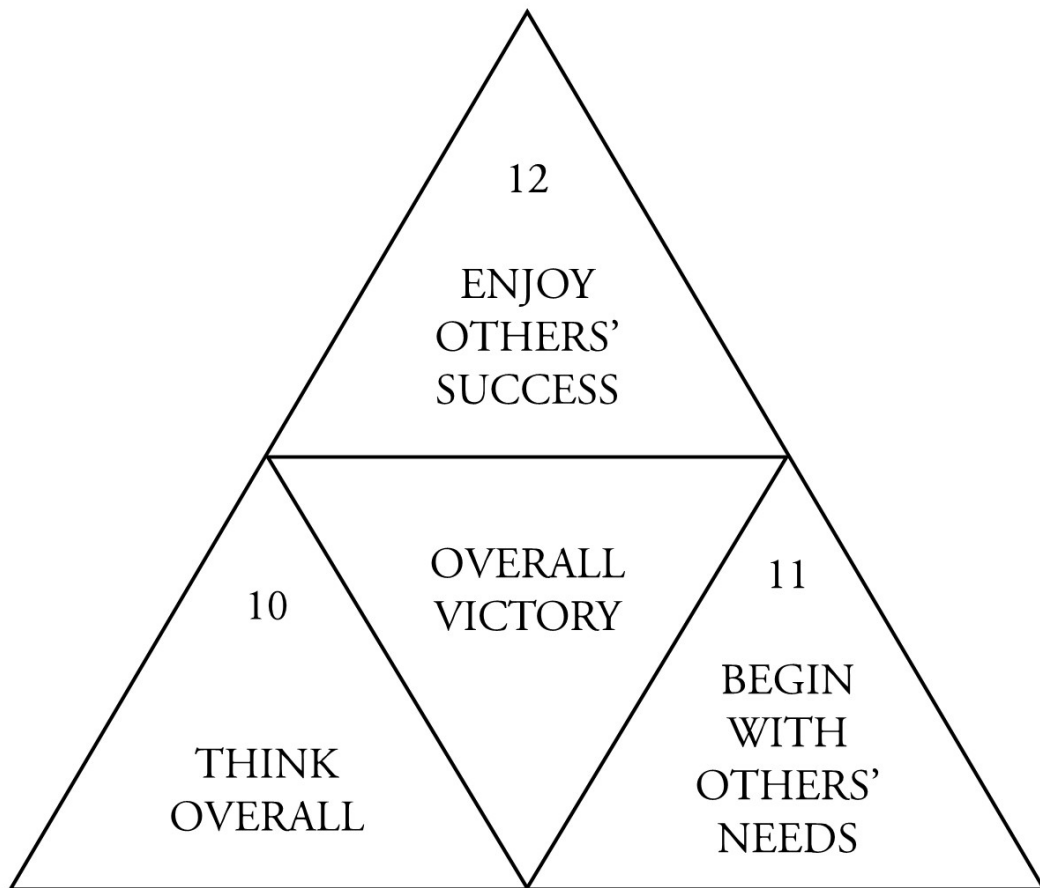
**SELF OFFERING IS KEY TO
PUBLIC VICTORY.**

IV

SUPPORTING

For overall victory, support each

SUPPORTING



CARING

IV.0 TRAINING

1. In expertise areas teaching best
when learners come give your best
give guidance, knowledge, assure first
Encourage !
2. Every elder can be supporting one
beginners learn from that one
like ring for chains supporting done
Giving a hand !
3. Love the learners while you teach
as a considerate teacher hearts you reach
as an example practice what you preach.
Inspiration!

10. THINK OVERALL

1. Think overall, consider the whole
for preceiving full picture play your role
see from equator, also from pole
Over seeing !
2. The effect of overall on parts you see
the role of parts on overall you see
for appropriate roles proponent be
super-vision !
3. For overall quality priority, give
for allover equality importance; give
For each and all attention you give
Equi-sight.

11. BEGIN WITH OTHERS' NEEDS

1. Begin with others' needs when you TRAIN
Their strengths and gaps see again and again
find areas of possible maximum gain.
Situational inputs !
2. Consider person not by age
but evaluate him by his stage
relate person as per stage
Appropriateness !
3. Prime importance is not your needs
as per others' needs tune you deeds
your needs are weeds and their-seeds.
Perspective !

12. ENJOY OTHERS' SUCCESS

1. Enjoy whenever people do win
by sharing the joy bliss of every win
as supporter you win when others do win
Winning Final round !
2. Be in the background in victory March
let the winners dance and forward March
let others enter first through welcome arch
Being in background !
3. Do not be in picture when award comes
let others receive when reward comes
prepare them for next round to face whatever comes
Being on the ground !

IV.00 CARING

1. Total success of the life you win
make it a habit to help others to win
celebrate in joy when others do win
Winning the Life !
2. As caring contributor now you stand
the spirit of humanity you understand
for everyone's good take principled stand
Overall victory !
3. Let others win in your supporting stage
with overall success enjoy your age
this way be in the supporting stage
Ultimate leader !

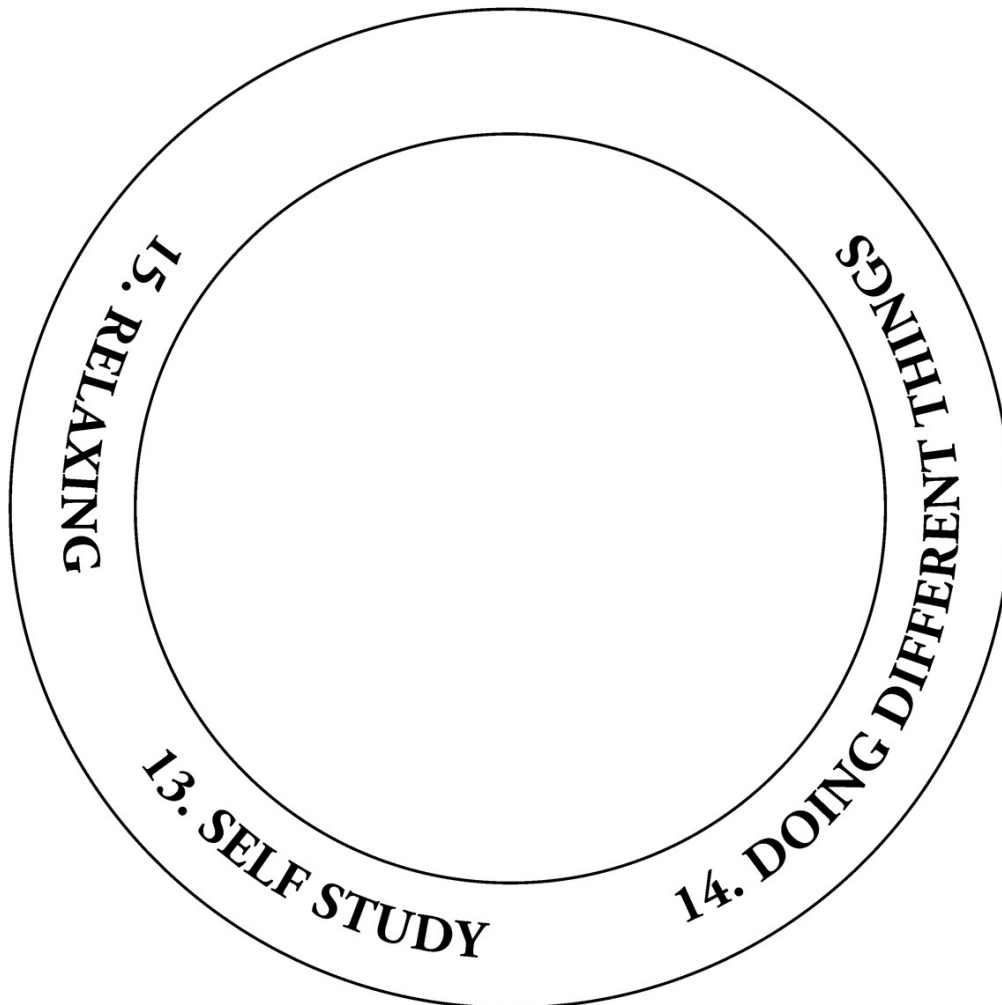
**SELF HARMONY IS KEY IN
OVERALL VICTORY**

V

SHARPENING THE SAW

**TO KEEP FIT, SHARPEN THE
SAW.**

SHARPENING THE SAW



SHINING

V. RENEWAL

1. For self vitality renewal must
take care of body and mind first
with sound body mind things are best
Keeping fit !
2. Every person can be ever fit one
with fitness all victories are won
when saw is sharp best cutting is done.
Strong hands !
3. Be with nature freshness earn
to be contributor to nature lessons you learn
for air to be fresh carbons don't burn.
Environment !

13. SELF STUDY

1. To keep mind sharp self study best
to read best of books take interest
but study deeply and don't read just.
Mind energy !
2. Knowledge is past absorb it first
information is present collect that next
ideas are future, innovation is best
Beyond three !
3. Reading not enough writing must
with deep thinking writing is best
after thinking for imagination let mind rest
Fountain !

14. DOING DIFFERENT THINGS

1. Expand Horizons by doing different things
new abilities new learning brings
generate new by connecting different things.
Multi dimensions !
2. Do not do same and same every day
break the routine going new way
changing subjects is relaxing way
Multi skills !
3. At different situations play different roles
play learning, achieving, leading, training roles
do not be a follower create new goals.
Multi-faceted !

15. RELAXING

1. Relax, take-it-easy be at rest
let not life be a fast tempest
enjoy home like a bird in nest
Tension-less-ness !
2. Play games indoor outdoor too
in body and mind free be you
go outdoors lot of walking you do
Happiness !
3. Take holidays and go bit around ye
enjoy sun, rain, snow and sea
in Rainbows, water falls, skies; beauty you see,
Nature-friendly !

**SELF GRINDING IS KEY FOR
SHARPENING THE SAW.**

V.00 RECHARGING

1. Renewal in life you ever win
 make it habit to sportively win
 nature's energy you take in
 Winning Nature !

2. An energetic re-newer now you stand
 the world's energy you understand
 to relate harmoniously take a stand
 Self Renewal !

3. Make everybody a re-charging stage
 make exciting every outage
 this way be young, avoid to age.
 Reaching out !

VI.

SIPHONING THE SEA

**BE IN-CHARGE BY SIPHONING
THE SEA.**

SIPHONING THE SEA



BEING

VI.0 REACHING IN

1. Inside everyone is self energy sea
reaching-in best any one can be
turning-in-sight all can see.
Self potential !
2. “Kingdom of heaven” is inside us
that is untapped unknown plus
it is a boon and own bonus.
Self-source !
3. In-spiration springs by surrendering to self
silence, contemplation for being with self
meditation is for being the joy of self.
Self-course !

16. SILENCE

1. For being withiin is silence cave
in silence, energy, all can save
in-light shines in darkness of cave
Silent-energy !
2. In-listening possible when outside closed
In-tuition is clear when in-closed
In-tension is in harmony when enclosed.
Silent-seeing !
3. Stopping reading, writing and speech
inside GOD is within the reach
if one is within In-God will teach.
Silent-learning !

17. CONTEMPLATION

1. Contemplation is tempering the thought
with concentrated thought clarity brought
with thinking fire doubts become naught
Heat !
2. In-timate ideas with subjective thought
ultimate clarity with objective thought
with focus on who, where, when, how, why and what
Sound !
3. After thinking, when thinking stopped
with relaxed silence when it is topped
illumination sparks and in-flow tapped
Light !

18. MEDITATION

1. Sitting alone in a solitary place
 with external contacts out of trace
 one can be free in inside space
 Solitude !

2. Closing eyes, focusing sharp mind “eye”
 seeing body-sensations with witnessing “eye”
 being equinomous one can disintegrate “I”
 “I”ttitude !

3. With equinimity reactions are nil
 pure and supreme is reactionless will
 with willing well for all self; tranquil
 Altitude !

VI.00 OPTIMALITY

Investing not less spending not more
Eating not less eating not more
Accepting not less wanting not more
Sleeping not less sleeping not more
Working not less resting not more
Speaking not less speaking not more
Feeling not less feeling not more
Thinking not less thinking not more
Relating not less relating not more
Writing not less writing not more
Managing not less managing not more
Leading not less leading not more
Beyond like dislike more and more
Being compassionate more and more
Contributing more, more and more
Loving all beings more and more
Improving on own more and more
Being with Harmony opening in-door
One will pass through ultimate door.

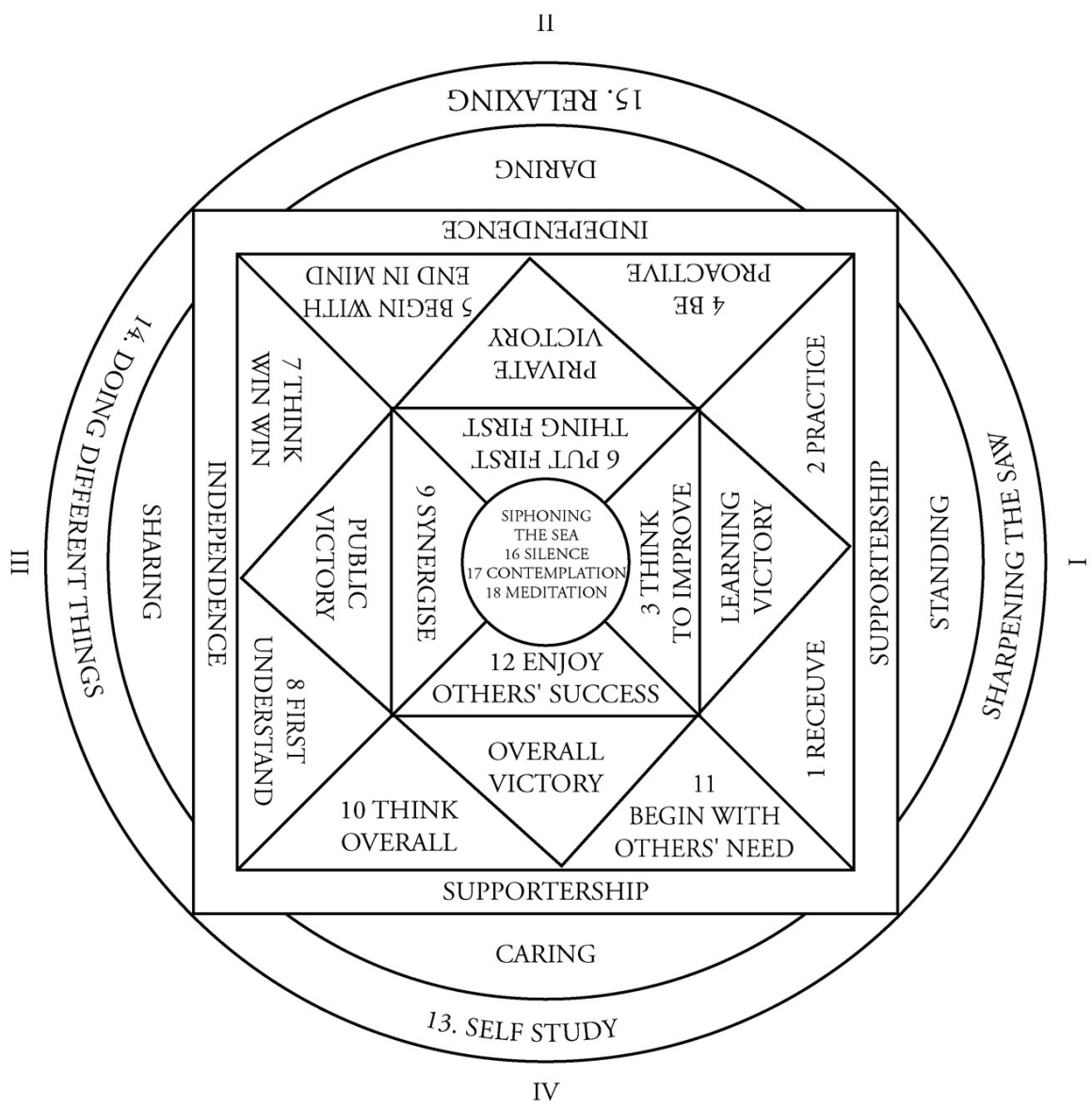
**SURRENDERING IS THE WAY TO
SIPHON IN-SEA**

VII.

COSMIC VIEW

**PRACTICE PRINCIPLES TO
EXPERIENCE PRINCIPAL VIEW**

COSMIC VISION



1. DEPENDENCE :

1. RECEIVING
Principles of Devotion.
2. PRACTISING
Principles of Preseverence
3. IMPROVING
Principles of Innovation

LEARNING VICTORY : SELF CONFIDENCE STANDING

2. INDEPENDENCE :

1. BE PROACTIVE
Principles of Personal Vision.
2. BEGIN WITH END IN MIND
Principles of Personal Leadership
3. PUT FIRST THINGS FIRST
Principles of Personal Management

PRIVATE VICTORY : SELF RELIANCE DARING

3. INTERDEPENDENCE :

1. THINK WIN / WIN
Principles of International Leadership
2. SEEK TO FIRST UNDERSTAND,
THEN TO BE UNDERSTOOD
Principles of Empathic Communication
3. SYNERGISE
Principles Creative Co-operation

PUBLIC VICTORY : MUTUAL WIN SHARING

4. SUPPORTING

1. THINK OVERALL
Principles of equality
2. BEGIN WITH OTHERS' NEEDS
Principles of GIVE & GIVE
3. ENJOYING OTHERS' SUCCESS
Principles of being in background

OVERALL VICTORY : OTHERS' WIN CARING

5. SHARPENING THE SAW :

1. SELF STUDY

Principles of Understanding

2. DOING DIFFERENT THINGS

Principles of Expanding Horizons

3. RELAXING

Principles of Recreation and Self Renewal

RECHARGING : RECEIVING NATURE-ENERGY GRINDING

6. RECHARGING SELF - SIPHONING THE SEA

1. SILENCE

Principles of Conservation of Energy

2. CONTEMPLATION

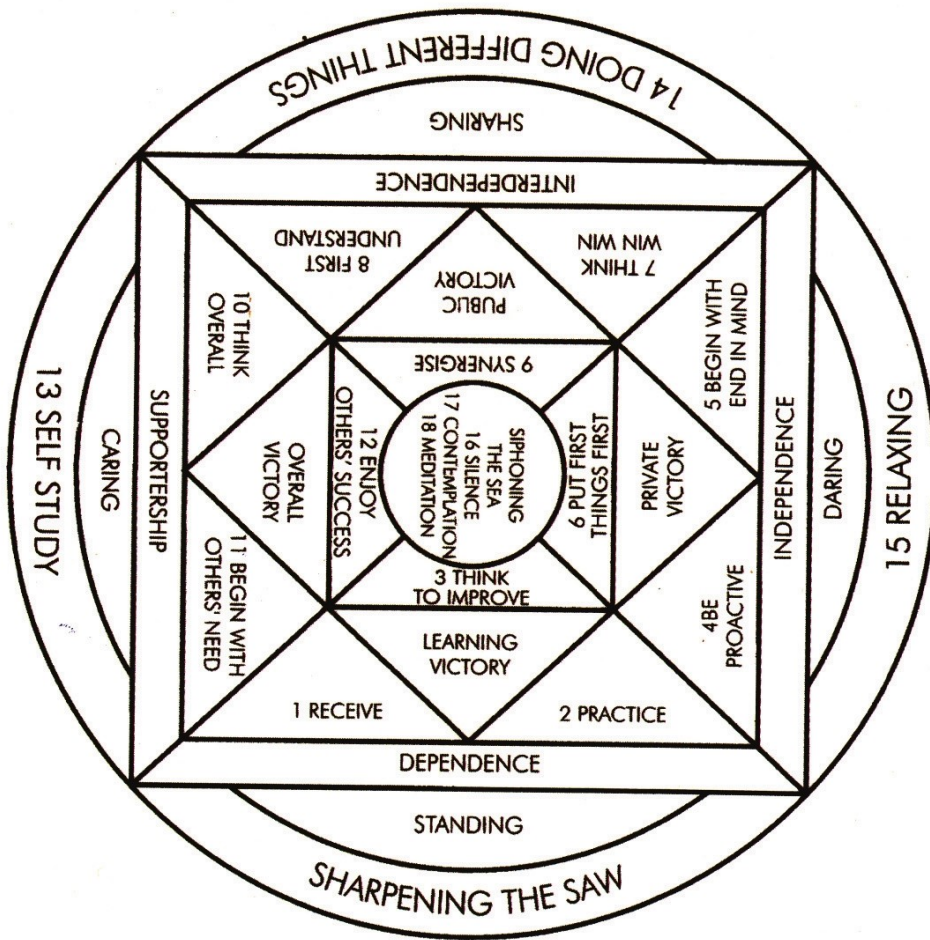
Principles of Tempering the Energy

3. MEDITATION

Principles of Tapping Internal Energy

IN-CHARGING : EXPERIENCING SELF ENERGY BEING

COSMIC VIEW



DEDICATED

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WITHIN EACH ONE OF US.

COVEY LEADERSHIP CENTER

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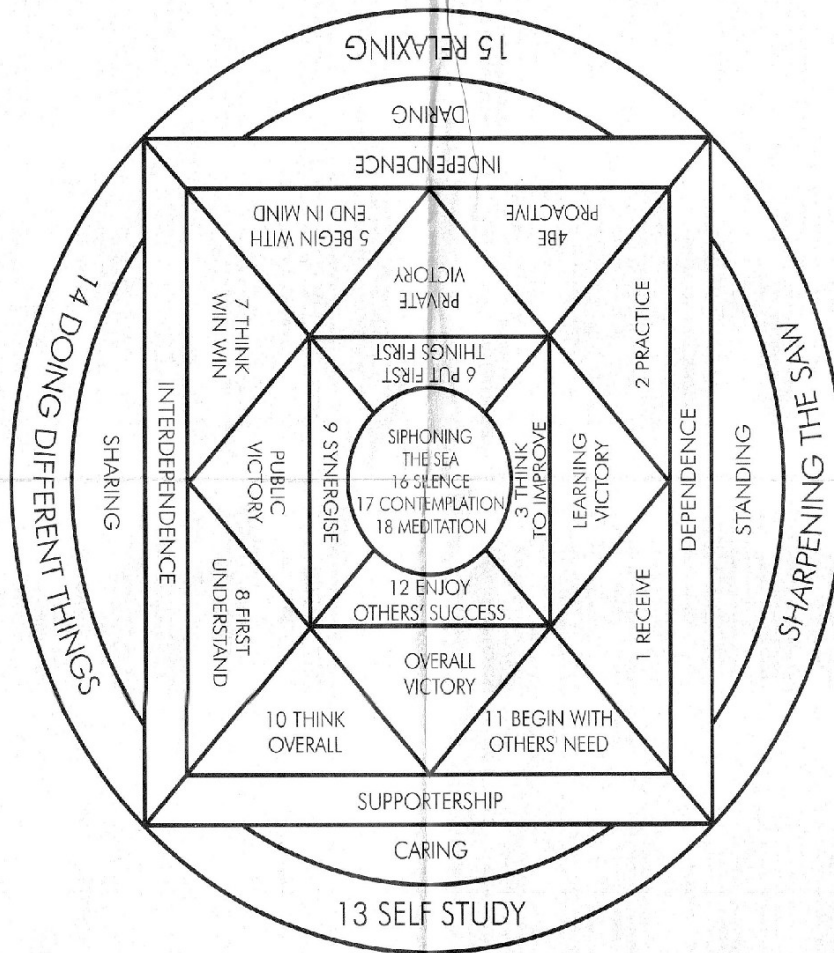
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COSMIC VIEW



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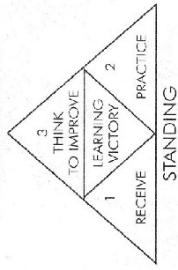
AJAY CORRUGATING & PLASTICS PVT. LTD.
443, G I D C IND. ESTATE, WAGHODIA, DIST BARODA

I

DEPENDENCE

In ignorant areas, depend on knowers.

DEPENDENCE



I.0. LEARNING

- In ignorant areas dependence must be learned. It is not a matter of "I know" or "I don't know". It is a matter of "I am learning" or "I am not learning".
- Every child is dependent on others. It is not a matter of "I am independent" or "I am dependent". It is a matter of "I am learning" or "I am not learning".
- Success is not a matter of "I am successful" or "I am not successful". It is a matter of "I am learning" or "I am not learning".

I.1. RECEIVE

- In learning process receiving first. It is not a matter of "I am receiving" or "I am not receiving". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am receiving" or "I am not receiving". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am receiving" or "I am not receiving". It is a matter of "I am learning" or "I am not learning".

I.2. PRACTICE

- Practice what you receive and learn. It is not a matter of "I am practicing" or "I am not practicing". It is a matter of "I am learning" or "I am not learning".
- Be determined and loose not heart. It is not a matter of "I am practicing" or "I am not practicing". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am practicing" or "I am not practicing". It is a matter of "I am learning" or "I am not learning".

I.3. THINK TO IMPROVE

- When you practice improve things. It is not a matter of "I am thinking" or "I am not thinking". It is a matter of "I am learning" or "I am not learning".
- Think to improve and innovation do. It is not a matter of "I am thinking" or "I am not thinking". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am thinking" or "I am not thinking". It is a matter of "I am learning" or "I am not learning".

I.00. STANDING

- Little things you learn to win. It is not a matter of "I am standing" or "I am not standing". It is a matter of "I am learning" or "I am not learning".
- On your own legs you stand. It is not a matter of "I am standing" or "I am not standing". It is a matter of "I am learning" or "I am not learning".
- Contribute while learning at dependence stage. It is not a matter of "I am standing" or "I am not standing". It is a matter of "I am learning" or "I am not learning".

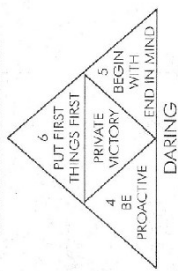
SELF CONFIDENCE IS KEY TO LEARNING VICTORY.

II

INDEPENDENCE

In confident areas, depend on self.

INDEPENDENCE



II.0. ACHIEVING

- In confident areas independence must be learned. It is not a matter of "I am achieving" or "I am not achieving". It is a matter of "I am learning" or "I am not learning".
- Every child is independent on others. It is not a matter of "I am independent" or "I am not independent". It is a matter of "I am learning" or "I am not learning".
- Success is not a matter of "I am successful" or "I am not successful". It is a matter of "I am learning" or "I am not learning".

II.1. BE PROACTIVE

- In achieving process initiative first. It is not a matter of "I am being proactive" or "I am not being proactive". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am being proactive" or "I am not being proactive". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am being proactive" or "I am not being proactive". It is a matter of "I am learning" or "I am not learning".

II.2. BEGIN WITH END IN MIND

- From beginning keep goal in mind. It is not a matter of "I am beginning" or "I am not beginning". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am beginning" or "I am not beginning". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am beginning" or "I am not beginning". It is a matter of "I am learning" or "I am not learning".

II.3. PUT FIRST THINGS FIRST

- Set priorities in matters all. It is not a matter of "I am putting first" or "I am not putting first". It is a matter of "I am learning" or "I am not learning".
- Think to improve and innovation do. It is not a matter of "I am putting first" or "I am not putting first". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am putting first" or "I am not putting first". It is a matter of "I am learning" or "I am not learning".

II.00. DARING

- Greater and greater achievements you win. It is not a matter of "I am daring" or "I am not daring". It is a matter of "I am learning" or "I am not learning".
- On your own legs you stand. It is not a matter of "I am daring" or "I am not daring". It is a matter of "I am learning" or "I am not learning".
- Contribute while learning at independence stage. It is not a matter of "I am daring" or "I am not daring". It is a matter of "I am learning" or "I am not learning".

SELF RELIANCE IS KEY TO PRIVATE VICTORY.

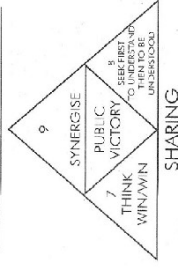
III

INTER DEPENDENCE

In common areas, depend on Group*

(*Group includes you!)

INTER DEPENDENCE



III.0. CONTRIBUTING

- In common areas inter-dependence must be learned. It is not a matter of "I am contributing" or "I am not contributing". It is a matter of "I am learning" or "I am not learning".
- Every child is interdependent on others. It is not a matter of "I am contributing" or "I am not contributing". It is a matter of "I am learning" or "I am not learning".
- Success is not a matter of "I am successful" or "I am not successful". It is a matter of "I am learning" or "I am not learning".

III.1. THINK WIN/WIN

- Clash is strong when strong each stand. It is not a matter of "I am thinking win/win" or "I am not thinking win/win". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am thinking win/win" or "I am not thinking win/win". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am thinking win/win" or "I am not thinking win/win". It is a matter of "I am learning" or "I am not learning".

III.2. SEEK FIRST TO UNDERSTAND THEN TO BE UNDERSTOOD

- First let your heart be as open as a child. It is not a matter of "I am seeking first" or "I am not seeking first". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am seeking first" or "I am not seeking first". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am seeking first" or "I am not seeking first". It is a matter of "I am learning" or "I am not learning".

III.3. SYNERGISE

- Make every relationship a real partnership. It is not a matter of "I am synergising" or "I am not synergising". It is a matter of "I am learning" or "I am not learning".
- Think to improve and innovation do. It is not a matter of "I am synergising" or "I am not synergising". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am synergising" or "I am not synergising". It is a matter of "I am learning" or "I am not learning".

III.00. SHARING

- Larger and larger contributions you win. It is not a matter of "I am sharing" or "I am not sharing". It is a matter of "I am learning" or "I am not learning".
- On your own legs you stand. It is not a matter of "I am sharing" or "I am not sharing". It is a matter of "I am learning" or "I am not learning".
- Contribute while learning at interdependence stage. It is not a matter of "I am sharing" or "I am not sharing". It is a matter of "I am learning" or "I am not learning".

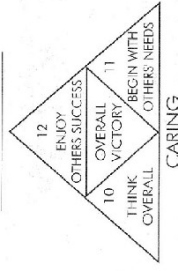
SELF OFFERING IS KEY TO PUBLIC VICTORY.

IV

SUPPORTING

For overall victory, support each

SUPPORTING



IV.0. TRAINING

- In expertise areas teaching must be learned. It is not a matter of "I am training" or "I am not training". It is a matter of "I am learning" or "I am not learning".
- Every child is trained on others. It is not a matter of "I am training" or "I am not training". It is a matter of "I am learning" or "I am not learning".
- Success is not a matter of "I am successful" or "I am not successful". It is a matter of "I am learning" or "I am not learning".

IV.1. THINK OVERALL

- Think overall consider the whole. It is not a matter of "I am thinking overall" or "I am not thinking overall". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am thinking overall" or "I am not thinking overall". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am thinking overall" or "I am not thinking overall". It is a matter of "I am learning" or "I am not learning".

IV.2. BEGIN WITH OTHERS' NEEDS

- Begin with others' needs when you train. It is not a matter of "I am beginning" or "I am not beginning". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am beginning" or "I am not beginning". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am beginning" or "I am not beginning". It is a matter of "I am learning" or "I am not learning".

IV.3. ENJOY OTHERS' SUCCESS

- Enjoy whenever people do any win. It is not a matter of "I am enjoying" or "I am not enjoying". It is a matter of "I am learning" or "I am not learning".
- Think to improve and innovation do. It is not a matter of "I am enjoying" or "I am not enjoying". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am enjoying" or "I am not enjoying". It is a matter of "I am learning" or "I am not learning".

IV.00. CARING

- Total success of the life you win. It is not a matter of "I am caring" or "I am not caring". It is a matter of "I am learning" or "I am not learning".
- On your own legs you stand. It is not a matter of "I am caring" or "I am not caring". It is a matter of "I am learning" or "I am not learning".
- Contribute while learning at supporting stage. It is not a matter of "I am caring" or "I am not caring". It is a matter of "I am learning" or "I am not learning".

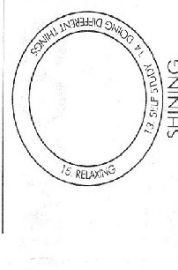
SELF HARMONY IS KEY IN OVERALL VICTORY.

V

SHARPENING THE SAW

To keep fit, sharpen the saw.

SHARPENING THE SAW



V.0. RENEWAL

- For self vitality renewal must be learned. It is not a matter of "I am renewing" or "I am not renewing". It is a matter of "I am learning" or "I am not learning".
- Every child is renewed on others. It is not a matter of "I am renewing" or "I am not renewing". It is a matter of "I am learning" or "I am not learning".
- Success is not a matter of "I am successful" or "I am not successful". It is a matter of "I am learning" or "I am not learning".

V.1. SELF STUDY

- To keep mind sharp self study best. It is not a matter of "I am self studying" or "I am not self studying". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am self studying" or "I am not self studying". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am self studying" or "I am not self studying". It is a matter of "I am learning" or "I am not learning".

V.2. DOING DIFFERENT THINGS

- Expand horizons by doing different things. It is not a matter of "I am doing different things" or "I am not doing different things". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am doing different things" or "I am not doing different things". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am doing different things" or "I am not doing different things". It is a matter of "I am learning" or "I am not learning".

V.3. RELAXING

- Relax, relax, relax, relax, relax. It is not a matter of "I am relaxing" or "I am not relaxing". It is a matter of "I am learning" or "I am not learning".
- Think to improve and innovation do. It is not a matter of "I am relaxing" or "I am not relaxing". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am relaxing" or "I am not relaxing". It is a matter of "I am learning" or "I am not learning".

V.00. RECHARGING

- Renewal in life you even win. It is not a matter of "I am recharging" or "I am not recharging". It is a matter of "I am learning" or "I am not learning".
- On your own legs you stand. It is not a matter of "I am recharging" or "I am not recharging". It is a matter of "I am learning" or "I am not learning".
- Contribute while learning at sharpening stage. It is not a matter of "I am recharging" or "I am not recharging". It is a matter of "I am learning" or "I am not learning".

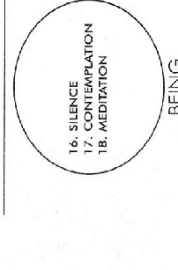
SELF GRINDING IS KEY FOR SHARPENING THE SAW.

VI

SIPHONING THE SEA

Be in-charge by siphoning the sea

SIPHONING THE SEA



VI.0. REACHING IN

- Inside everyone is self energy sea. It is not a matter of "I am reaching in" or "I am not reaching in". It is a matter of "I am learning" or "I am not learning".
- Every child is reaching in on others. It is not a matter of "I am reaching in" or "I am not reaching in". It is a matter of "I am learning" or "I am not learning".
- Success is not a matter of "I am successful" or "I am not successful". It is a matter of "I am learning" or "I am not learning".

VI.1. SILENCE

- For being within is silence cave. It is not a matter of "I am silent" or "I am not silent". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am silent" or "I am not silent". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am silent" or "I am not silent". It is a matter of "I am learning" or "I am not learning".

VI.2. CONTEMPLATION

- Contemplation is tempering the thought. It is not a matter of "I am contemplating" or "I am not contemplating". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am contemplating" or "I am not contemplating". It is a matter of "I am learning" or "I am not learning".
- At one point teaching comes to end. It is not a matter of "I am contemplating" or "I am not contemplating". It is a matter of "I am learning" or "I am not learning".

VI.3. MEDITATION

- Sitting alone in a solitary place. It is not a matter of "I am meditating" or "I am not meditating". It is a matter of "I am learning" or "I am not learning".
- Think to improve and innovation do. It is not a matter of "I am meditating" or "I am not meditating". It is a matter of "I am learning" or "I am not learning".
- With devotion you receive the help. It is not a matter of "I am meditating" or "I am not meditating". It is a matter of "I am learning" or "I am not learning".

VI.00. OPTIMALITY

- Travelling not less exciting not more. It is not a matter of "I am optimal" or "I am not optimal". It is a matter of "I am learning" or "I am not learning".
- On your own legs you stand. It is not a matter of "I am optimal" or "I am not optimal". It is a matter of "I am learning" or "I am not learning".
- Contribute while learning at siphoning stage. It is not a matter of "I am optimal" or "I am not optimal". It is a matter of "I am learning" or "I am not learning".

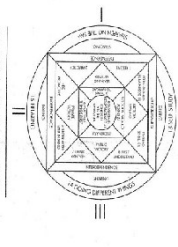
SURRENDERING IS THE WAY TO SIPHON IN-SEA.

VII

COSMIC VIEW

Practice principles to Experience principal view

COSMIC VIEW



1. DEPENDENCE

- RECEIVING: Principles of Dependence.
- PRACTISING: Principles of Dependence.
- IMPROVING: Principles of Dependence.

2. INDEPENDENCE

- BE PROACTIVE: Principles of Personal Vision.
- BEGIN WITH END IN MIND: Principles of Personal Leadership.
- PUT FIRST THINGS FIRST: Principles of Personal Management.

3. INTERDEPENDENCE

- THINK WIN/WIN: Principles of Interpersonal Leadership.
- SEEK TO FIRST UNDERSTAND, THEN TO BE UNDERSTOOD: Principles of Empathic Communication.
- SYNERGISE: Principles of Creative Collaboration.

4. SUPPORTING

- THINK OVERALL: Principles of equally.
- BEGIN WITH OTHERS' NEEDS: Principles of GIVE & TAKE.
- ENJOY OTHERS' SUCCESS: Principles of being in back ground.

5. SHARPENING THE SAW

- SELF STUDY: Principles of Understanding.
- DOING DIFFERENT THINGS: Principles of Expanding Horizons.
- RELAXING: Principles of Recreation and Self-Renewal.

6. REACHING SELF

- SILENCE: Principles of Conservation of Energy.
- CONTEMPLATION: Principles of Tempering the Energy.
- MEDITATION: Principles of Tapping Internal Energy.

IN CHARGING

- EXPERIENCING SELF BEING: Principles of Tapping Internal Energy.
- REACHING SELF BEING: Principles of Tempering the Energy.
- CONTEMPLATION: Principles of Tapping Internal Energy.

THAT IS THIS THAT (COSMIC WAY) IS THIS (LIFE JOURNEY).

THAT IS THIS

**THAT (COSMIC WAY) IS THIS
(LIFE JOURNEY)**